

# Twinfield Union School

## Elementary Breakfast in the classroom

### BREAKFAST Menu

January-July 2020

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	WG cereal String cheese Orange juice 1% white milk FF chocolate	WG zee zee breakfast bar Apple 1% white milk FF chocolate	WG bagel Cream cheese Orange juice 1% white milk FF chocolate	WG muffin Orange juice 1% white milk FF chocolate	WG breakfast round Plum 1% white milk FF chocolate
<b>2</b>	WG cereal String cheese Orange juice 1% white milk FF chocolate	WG zee zee breakfast bar Apple 1% white milk FF chocolate	WG bagel Cream cheese Orange juice 1% white milk FF chocolate	WG muffin Orange juice 1% white milk FF chocolate	WG breakfast round Apple sauce 1% white milk FF chocolate
<b>3</b>	WG cereal String cheese Orange juice 1% white milk FF chocolate	WG zee zee breakfast bar Apple 1% white milk FF chocolate	WG bagel Cream cheese Orange juice 1% white milk FF chocolate	WG muffin Orange juice 1% white milk FF chocolate	WG breakfast round Apple sauce 1% white milk FF chocolate
<b>4</b>	WG cereal String cheese Orange juice 1% white milk FF chocolate	WG zee zee breakfast bar Apple 1% white milk FF chocolate	WG bagel Cream cheese Orange juice 1% white milk FF chocolate	WG muffin Orange juice 1% white milk FF chocolate	WG breakfast round Apple sauce 1% white milk FF chocolate

This institution is an equal opportunity provider.  
Menu is subject to change.

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

S	M	T	W	T	F	S
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

■ Week 1 Meal Plan    
 ■ Week 2 Meal Plan    
 ■ Week 3 Meal Plan    
 ■ Week 4 Meal Plan

1.2015-2020 Dietary Guidelines for Americans  
2.USDA. MyPlate.gov. <http://www.myplate.gov>.